

Volunteers Needed Unleashing the Power of Mobile Technology



African-American women, ages 21-75, who are obese or overweight and pre-diabetic, may participate in a research study. You will receive coaching and track physical activity using your mobile phones and a fitness tracker that you wear on the wrist.

You may be eligible if you:

- Live in Washington, DC, Wards 5, 7, 8, or Prince George's County, Maryland
- Have a smartphone, iPhone or Android
- Are willing to wear the physical activity device needed for the study for up to six and a half months

During this study, you will:

- Fill out a survey about health beliefs and behaviors
- Have a physical exam and blood testing
- Receive compensation for your participation



To learn more, call
800-411-1222
TTY users dial 7-1-1
ccopr@nih.gov
Refer to study 17-H-0162



National Heart, Lung,
and Blood Institute

The study takes place at the NIH Clinical Center, America's research hospital, in Bethesda, Maryland. We are on the metro red line (Medical Center stop).